



## **GLS OFFICE RELOCATING**

As from 1<sup>st</sup> May, 2015 Gloucestershire Lifestyles Head Office will be relocated to 83 Cheltenham Road, Gloucester, back to where it all started some 20 years ago.



We are still in business, just - ready, willing and very able to take on new self-funding clients, and can offer a very comprehensive support service that is tailored to members needs. We also continue to provide help and support to people with financial problems.

## **THE END OF AN ERA ?**

**Back where we started 20 years ago - no funding for working people with a physical or sensory disability -**

**social isolation - lack of accessible housing.** For in depth information facts and figures, please see enclosed article, **"Gloucestershire Lifestyles - The End of an Era?"**

**Sue McClung**  
**Support & Development Advisor**

## **NEWS FLASH**

**BIG THANK YOU to The Henry Smith Charity** for donating funds towards Social Activity Programme. This will help us to continue to provide social activities to adults with a physical and sensory disability.



## **MEMBERS SOCIAL ACTIVITIES PROGRAMME**

Hi All  
Spring is upon us and hope Summer is not too far behind.

As always we had a very busy programme of social activities events over the last few months, our May & June events are listed under the **"Social Activities Programme"** on the next page for information.

Although these activities are chargeable, they are open to all our members.

If you would like to attend any of the activities listed or need more information about these activities, please contact me on Tel: 01452 530184.

**Bharti Patel**  
**Operation Manager**

## Social Activities Programme

### MAY PROGRAMME

Date	Activity
Wed. 6 <sup>th</sup> May	2 pm Snow White on Ice @ Everyman
Thurs. 7 <sup>th</sup> May	7.30 pm A Night of Dirty Dancing Show @ Beacon Theatre
Sat 9 <sup>th</sup> May	3 pm Rugby Gloucester v. London Irish
Mon 11 <sup>th</sup> May	7 pm Treasure Seekers
Wed. 13 <sup>th</sup> May	2 pm Romeo & Juliet @ Everyman
Thurs. 14 <sup>th</sup> May	2 pm Ten Pin Bowling
Fri. 15 <sup>th</sup> May	7.30 pm Gerry Cross the Mersey @ Roses
Wed. 20 <sup>th</sup> May	Treasure Seekers Karaoke Disco
Thurs. 21 <sup>st</sup> May	7.30 pm Sister Act @ Everyman
Sat. 23 <sup>rd</sup> May	11 am Tall Ship Festival @ Gloucester Docks

Wed. 27 <sup>th</sup> May	2 pm Birmingham Royal Ballet @ Everyman
Fri. 29 <sup>th</sup> May	7.45 pm That'll be the Day @ Everyman
Sat. 30 <sup>th</sup> May	4 pm Madness concert @ Kingsholm

### JUNE PROGRAMME

Tues. 2 <sup>nd</sup> June	2 pm Cinema
Wed. 3 <sup>rd</sup> June	7.30 pm The Carpenter Story @ Roses
Thurs. 4 <sup>th</sup> June	4 pm Oklahoma @ Everyman
Wed. 10 <sup>th</sup> June	7 pm Treasure Seekers Karaoke Disco
Thurs. 11 <sup>th</sup> June	7.45 pm Rivers Up @ Everyman
Fri. 12 <sup>th</sup> June	7.30 pm Sinatra Sequine & Swing @ Chelt. TH
Mon. 15 <sup>th</sup> June	7 pm Treasure Seekers
Wed. 17 <sup>th</sup> June	2 pm noon Ten Pin Bowling
Thurs. 18 <sup>th</sup> June	10 a.m. Swindon Outlet Shopping
Wed. 24 <sup>th</sup> June	2 pm The Good Old Days @ Everyman
Thurs. 25 <sup>th</sup> June	2 pm Mrs. Warren's Profession @ Everyman
Tues. 30 <sup>th</sup> June	7.45 pm Dream Boats & Miniskirts @ Everyman

### GLS MEMBERS CHRISTMAS LUNCH 2014

It seems a long time ago, but our Christmas Lunch at the Brickhampton Golf



Complex, Churchdown, Gloucester was again a great success. We had a Christmas raffle draw on the day with many wonderful prizes were won by members.

A **SPECIAL** thank you to The Sunrise Rotary Club of Cheltenham for their continual support with contribution towards Chocolates and on the day Rotarians' help with the transport and a service of a Father Christmas.

Finally, thank you to all staff and volunteers for their help on the day.

## **Bulletin Board/Useful Info.**

### **Gloucestershire County Council Employment Team**

Are you finding it difficult to find employment due to your disability? The GCC Employment Team Coordinators can help support with the following:

- CV and covering letter
- Assistance with application forms
- Job searching
- Interview skills and practice
- Support with additional courses to help gain skills and confidence
- Benefit advice

The Employment Team will continue to provide support once you are in work. This will include:

- Ongoing development
- Support with gaining job coaching through Access To Work

The Employment Team are based in 6 areas. Please contact them on the contact details below to arrange an appointment:

Kirsten Smart

- Gloucester 01452 529663

Sarah Bailey

- Forest Of Dean 01594 834436

David Blackaby

- Stroud 01453 75708

- Cirencester 01285 643768

Kay Mince

- Cheltenham 01242 244950

- Tewkesbury 01684 299315

### **Sue's Piece**

#### **How to Cut out the Cold**

When faced with bills that keep climbing and household finances that are becoming more and more stretched, it can feel like there's nowhere to turn. Free help is available. You can use three vital tools on the Turn2us website listed below to find help to manage your bills and Cut out the Cold.

[www.turn2us.org.uk](http://www.turn2us.org.uk)

1. Use our free and easy-to-use online Benefits Calculator to see what welfare benefits you could claim.

2. Grants Search tool Find grants and other support from charitable funds, based on your background and circumstances. \*\*

Worth looking at this, it came up with over 80 possible grants for me as a female with MS.

[www.turn2us.org.uk/grants\\_search.aspx](http://www.turn2us.org.uk/grants_search.aspx)

3. My Money Steps tool This free online debt advice service is free, confidential and simple to use.

#### **Accessible respite care holidays & short breaks**

Revitalise is a national charity providing short breaks and holidays (respite care) for people with physical disabilities and carers. They offer inspirational opportunities for volunteers through one of the largest, most diverse volunteer programmes in the UK.

[www.revitalise.org.uk](http://www.revitalise.org.uk) or call 0303 303 0145

## TRUSTEE METINGS

**7/7/15 & 25/8/15**

Members wishing to contact the Trustees, please write to The Company Secretary Richard King at Gloucestershire Lifestyles, The Business Centre, Suite 5, Innsworth Technology Park, Innsworth Lane, Gloucester. GL3 1DL

## GLOUCESTERSHIRE LIFESTYLES SUPPORT SERVICE

**The Business Centre,  
Suite 5,  
Innsworth Technology Park,  
Innsworth Lane,  
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**GL3 1DL**

**Website:** [www.gloslifestyles.co.uk](http://www.gloslifestyles.co.uk)

**Email:** [office@gloslifestyles.co.uk](mailto:office@gloslifestyles.co.uk)

**Office** **01452 530184**

**Tel. Nos:** **07792503323**

## SUPPORT & DEVELOPMENT ADVISOR

**Sue McClung**

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## OPERATION MANAGER

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## SUPPORT WORKER

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## CHANGE OF ADDRESS FROM 1<sup>ST</sup> MAY 2015

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